

LAKSHMIPAT SINGHANIA ACADEMY
12-B ALIPORE ROAD, KOLKATA 700 027

Dear children,

Examinations are knocking at your doorsteps. Allow them in with a readiness and a smile. There is no reason for fear or stress as you have been attending classes regularly for one year. It cannot be that you don't know anything as most of you quite often complain. A lesson taught, a word spoken, our experiences all get stored in our memory drive. We can retrieve that information easily provided fear doesn't control us. The key is to have a positive outlook; never to think that you cannot do it, or cannot remember. Humanly, it isn't possible to forget everything suddenly, but our fear makes us too numb to think and we forget. Have confidence in your abilities and yourself and maintain a cheerful self.

This is the time to avoid arguments and conflicts in or outside your families. This is the time to energise yourselves with nutritious food, a small regimen of exercises and probably some deep breathing sessions too. Take care of yourselves by way of avoiding junk food, extreme temperatures and outside water in any form.

Each one of you has a strong area that is so special to you and that which makes you unique. Some of you excel in art, some in science, some in numbers, some in spoken and written English, some in paper craft and some even in cooking and other creative areas. That is your true strength, an invaluable attribute and perhaps even more precious than your percentages. We probably have a Tagore, a Shakespeare, an Einstein, a Michelangelo or an Earnest Hemingway hidden inside you, waiting to be seen, read or written about.

So children you have an inner strength that will be your guiding light always, today as well as tomorrow. Cultivate this strength. Keep your confidence in place, trust your own power and be smiling as you take your boards.

Stay safe.

My best wishes and blessings will always be with you!

For LAKSHMIPAT SINGHANIA ACADEMY
Meena Kak
PRINCIPAL